

# Skin Consultation Form

**SKIN DESCRIPTION**

**Skin Quality:**

- Normal
- Dry
- Oily
- Combination

**Skin Sensitivity:**

- Normal-no sensitivity
- Sensitive
- Very Sensitive

**Skin Breakouts:**

- Acne
- Occasional Pimples
- Cyclical Breakouts
- Rosacea

**Sun Exposure:**

- Do you use sunscreen daily?  
Yes  No
- Do you burn easily in the summer?  
\_\_\_\_\_

**GENERAL HEALTH:**

- Are you pregnant?  
Yes  No
- Do you currently take any vitamin supplements? (please specify)  
\_\_\_\_\_  
\_\_\_\_\_

How much water do you consume daily?  
\_\_\_\_\_

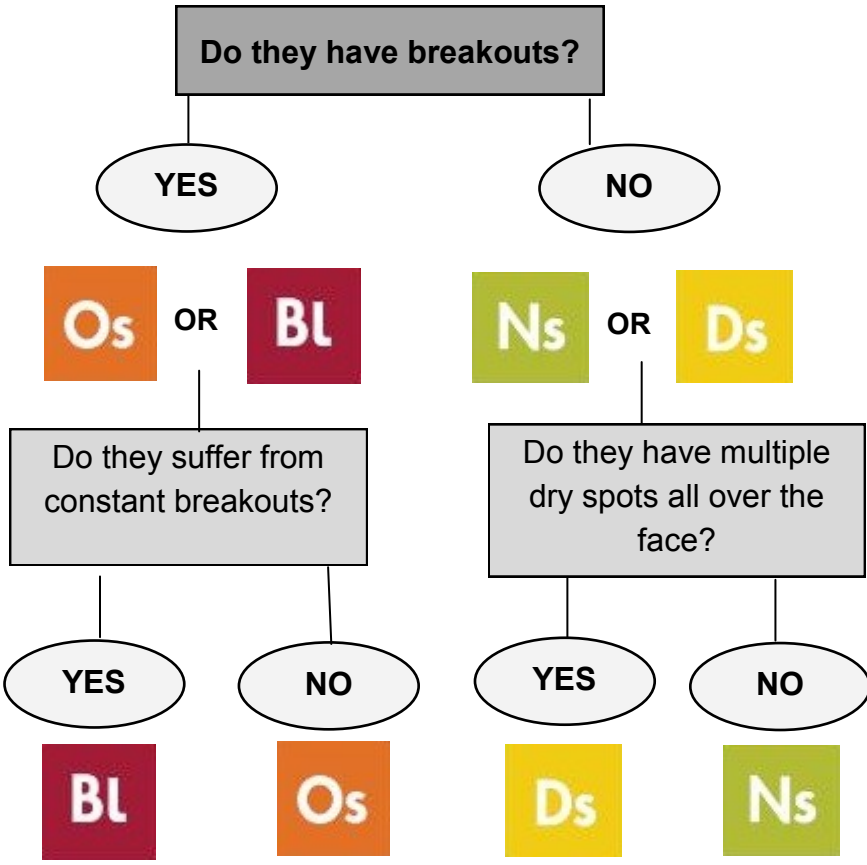
Do you have any special skincare conditions?  
If yes, please specify:  
\_\_\_\_\_  
\_\_\_\_\_

What are your skincare goals?  
\_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_\_\_  
 Name: \_\_\_\_\_  
 Age: \_\_\_\_\_ Gender: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 What products do you use currently? \_\_\_\_\_

**For Office Use Only**

Comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



## Tips & Treatments



### SKIN ANALYZER TIPS

- Please note that all skin types may have dark purple freckling (sun damage) and dark purple circles under the eyes (dehydration) regardless of age or skin type
- A person with Normal skin would have an overall white glow but may still show sunspots or oil in the t-zone. All skin types can have a white glow (healthy skin) but may still be oily, blemish or dry based on indicators.
- Ask if they are wearing a foundation/base or concealer (Concealer may look like dehydration under the eyes & makeup that covers well will make the face appear purple all over)

### TREATMENT OPTIONS

#### Rosacea

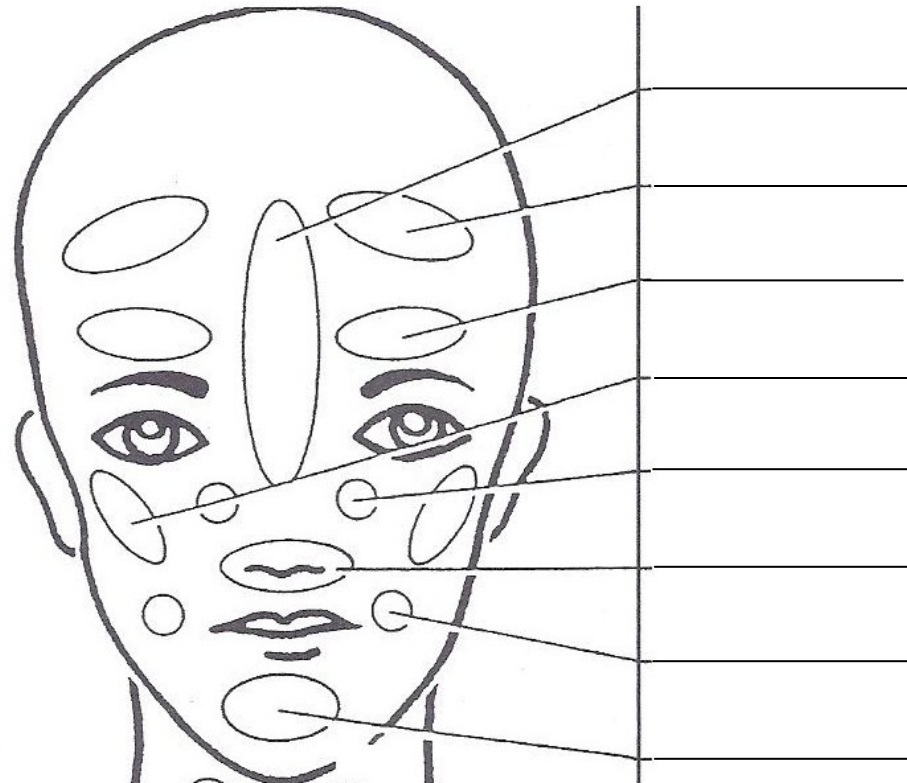
- Skin Firming Serum (twice daily)
- Retinol Complex (at bedtime)
- Restoring Night Cream-Oily (morning & evening)

#### Hyperpigmentation (Age Spots)

- Retinol Complex or Retinol DS (at bedtime)
- Glycolic Acid Peel Gel (2 to 3 times weekly)
- Skin Firming Serum (twice daily)

#### Aging

- Skin Firming Serum (twice daily)
- Firming Eye Serum (twice daily)
- Retinol Complex or Retinol DS (at bedtime)



Purple Freckling= Sun Damage



Orange Specks= Oil in Pores



White Glow= Normal  
(Healthy Skin)



Dark Circle under  
eyes=Dehydration



Dark Purple Patches= Dry Skin